



OREGON GOVERNOR'S COUNCIL ON PHYSICAL FITNESS AND SPORTS

www.fitoregon.org



Ted Kulongoski

2008 Fitness Leadership Awards Individual & City

The Governor's Council on Physical Fitness and Sports is an organization of fitness, health, physical education, medicine, recreation, and sports professionals acting under appointment by Governor Ted Kulongoski. The mission of the Council is to facilitate communications, sponsor projects, and conduct events that promote a healthy lifestyle for all Oregonians. The Council operates a website to support its mission. Check out www.fitoregon.org for posts on fitness and healthy lifestyle activities in Oregon.

What is the Fitness Leadership Award?

Individual Awards:

The Fitness Leadership Award was created to assist Oregon's Mayors in giving special recognition to individuals in their communities who have made significant contributions in the broad areas of physical fitness. Mayors nominate an individual from their community to be considered for the award. The individuals selected receive a personalized Fitness Leadership Award from the Oregon Governor's Council on Physical Fitness and Sports personally signed by the Governor.

Who may be nominated for the individual Fitness Leadership Award?

Only **one** local resident of your community may be nominated. A Fitness Leadership Award may be awarded to any volunteer or professional who has contributed significantly to the healthy lifestyles of Oregonians.

Criteria for the individual award (not exclusive):

- success in the development of a group, community, or statewide program affecting the physical fitness of Oregonians;
- promotion of health, fitness, or sports through projects, speeches, and/or publications;
- sponsorship of a community or statewide health, fitness, or sports project influencing the attitudes toward a healthful lifestyle;
- volunteer service to a community or statewide project positively affecting the health and physical fitness of Oregonians;
- scientific or technological contributions in health/fitness-related areas; and
- positive influence in the educational system related to service or curricular efforts toward increasing the physical fitness of students.

Note: Interscholastic athletics coaching success (e.g., wins/losses, league championships, etc.) is usually not sufficient to qualify an individual for an award.

City Awards:

The Governor's Counsel on Physical Fitness and Sports will be presenting City Fitness Leadership Awards to four cities as special recognition to the cities for each city's contribution to the physical fitness of its citizens. Each city will compete based on the population of the city with awards given to a small, medium, large and very large city.

Criteria for city award (not exclusive):

- success in the development of a group or community program affecting the physical fitness of its citizens;
- promotion of health, fitness, or sports through projects and/or publications;
- sponsorship of a community health, fitness, or sports project influencing the attitudes toward a healthful lifestyle;
- scientific or technological contributions in health/fitness-related areas;
- positive influence in the educational system related to service or curricular efforts toward increasing the physical fitness of students; and
- positive influence in the parks and recreation area positively affecting the physical fitness of its citizens.

What do I need to do?

Complete the enclosed nomination form describing the individual you wish to nominate and/or complete the enclosed application for the City Fitness Leadership Award.

Nominations should be mailed or emailed to the address below. Nominations must be **RECEIVED** by **August 31, 2008**.

**Oregon Governor's Council on Physical Fitness and Sports
4840 SW Western Avenue, Suite 35
Beaverton, Oregon 97005**

Email to: donna.brad@comcast.net

Then what?

The Council will review and evaluate all nominations and city applications. Upon completion and selection of awardees, we will notify the individual awardees' mayors, and present the individual and city awards to the awardees' mayors at the 2008 League of Oregon Cities Annual Meeting in Salem. A member of the Governor's Council on Physical Fitness and Sports may be available, upon request, to assist in the presentation of awards to recipients at a local city council meeting.

If you have questions, please contact Brad Anderson at 503.901.8749 (or donna.brad@comcast.net).